Chronic Pain Medical Assessment Form

To	:								
Re	:								
SS	N:	XXX-XX-							
hou rela	ırs a evan	day 5 days a v at treatment no	veek continuously 52 w	eeks a year laboratory	in a competitive	nents if they were working 8 work setting. Attach all which have not been provided			
1.	Dat	e began treatm	began treatment: Frequency of tx:						
2.	2. Does your patient exhibit peripheral neuropathy? Yes No								
	Other diagnoses:								
3.	Prognosis:								
4. If your patient has significant limitations with reaching, handling or fingering.									
	a. What symptom(s) cause limitations with use of the upper extremities?								
		pain / paresthesia motor loss sensory loss / numbness							
		swellin	swelling muscle weakness side effects of medication						
		limitation of motion other:							
b. Please characterize the severity of the pain / paresthesia:									
mild (pain level 0-3 up to 2 hours a day)									
moderate (pain level 4-6 up to 4-6 hours a day)									
 severe (pain level of 7 and above constantly throughout the day) c. Please estimate the percentage of time during an eight-hour workday that your patient can use hands / fingers / arms for the following activities: 									
		Right	%		%	%			
		Left	%		%	%			

5.	If your patient exhibit chronic pain / paresthesia, characterize the severity of the pain / paresthesia:							
	mild (pain level 0-3 up to 2 hours a day)							
moderate (pain level 4-6 up to 4-6 hours a day)								
		severe (pain level of 7 and above constantly throughout the day)						
6.	Iden	_	d frequency	of pain/paresthesia by	y shading the relevant body	portions		
	mar i han	d Dorsum L ha or Palmor R ha		DESMATO				
a. Identify any positive objective signs of your patient's impairments:								
		SLR right at	%	tenderness	weight change			
		SLR left at	%	crepitus	sensory changes			
		swelling		reflex changes	atrophy			
		spasm		impaired sleep	motor loss			
		muscle weaknes	SS	impaired appetite	chronic fatigue			
		other:						
	c.	Does your patient ex	chibit significa	ant limitation of motion	(LOM)? Yes No)		
		If yes, please indica	te (or attach)	LOM for the affected jo	oint(s):			
7.		• •			s (e.g., myelegram, MRI, C	T scans,		

day; "occasionally" means 6% to 33% of an eight-hour working day; "frequently" means 34% to 66% of an eight-hour working day. If your patient experiences symptoms which interfere with the attention and concentration 8. needed to perform even simple work tasks, during a typical workday, please estimate the frequency of interference: Rarely Constantly Occasionally Frequently If your patient was placed in a competitive job, identify those aspects of workplace stress that your 9. patient would be **unable to perform** or be exposed to: public contact routine, repetitive tasks at consistent pace ___ detailed or complicated tasks strict deadlines close interaction with coworkers/supervisors fast paced tasks (e.g., production line) exposure to work hazards (e.g., heights or moving machinery) 10. Identify any side effects of any medications, which may have implications for working: drowsiness / sedation other: 11. Have your patient's impairments lasted or can they be expected to last at least twelve months? Yes 12. As a result of your patient's impairment(s), estimate your patient's functional limitations assuming your patient was placed in a competitive work situation on an ongoing basis: How many city blocks can the patient walk without rest or severe pain? a. Please indicate how long your patient can sit and stand/walk total in an eight hour work day b. (with normal breaks)? Sit Stand/Walk ___ less than 2 hours ___ about 2 hours ___ about 4 hours at least 6 hours If your patient's symptom(s) would likely cause the need to take unscheduled c. breaks to rest during an average eight-hour workday, How many times during an average workday do you expect this to happen? 1.

For this and other questions on this form, "rarely" means 1% to 5% of an eight-hour working

0 1 2 3 4 5 6 7 8 9 10 More than 10

	2. How long (on average) will your patient have to rest before returning to work? Less than 5, 5 10 20 30 45 Minutes Hours						•			
		3. What symptom(s) cause a need for breaks? muscle weakness pain / paresthesia / numbness								
chronic fatigue adverse effects of medication							n			
										
	d.	How	How many pounds can the patient lift and carry in a competitive work situation?							
				Never	Rarely	Occasionally	Frequently			
		Less	than 10 lbs.			<u> </u>				
		10 lbs.				_				
		20 lt	os.							
		50 lt	os.							
	e.	Please estimate, on average, how often your patient is likely to be absent from work as a result of the impairment(s) or treatment:								
		— ·								
		about once or twice a month more than four days a month about three days a month								
12	Doub		·							
13.	Earliest date these limitations apply?									
14.	Please describe any other limitations that would affect your patient's ability to work at a regular job on a sustained basis or any testing that would help to clarify the severity of your patient's impairment(s) or limitations:									
		<u> </u>								
Date	•			Sig	gned:					
			-	•						
				Pn	nt Name:					
				Ad	ldress:					